

(NEWS, STORIES AND UPDATES FROM THE
FIELD)



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EDITORIAL

It has been 9 months since our last Magazine HABARI, coinciding then with the annual report of 2021 where the activities carried out and the economic management were detailed.

We have waited to publish this number to finish the construction of the Learn N'Play school, and to announce that with it begins a new stage, we start a new project with the local NGO DUHAMABI (Dumisha Haki ya Mama na Binti, which means Maintain the right of the woman and the daughter).

The Learn N'Play school project was one of the initial commitments we made with the NGO Learn N'Play (then called VCRO), which led us to found KARIBIA, always thinking of supporting and giving an outlet and institutional reinforcement to NGOs and local organisations in Kigoma.

It has been months of hard work, searching for funding, dissemination and visibility, implementation and monitoring of activities, until we have managed to complete the project "Providing access to education to children from the most disadvantaged families in the community of Kichangachui, in the district of Ujiji (Kigoma, Tanzania)"!

We are very pleased and grateful to all those who have made it possible with your help, collaboration and involvement, to have reached after just over a year to build a new school for children aged 3-6 years in the humble community of Kichangachui of Kigoma, a sustainable school thanks to the profits obtained from the implementation of an organic honey business.

At the same time there have been months of meetings, visits, identification and evaluation of our new partner DUHAMABI, whom, although we had already spoken about in the previous Newsletter, today we present and inform about the new collaboration of a common project for the empowerment of adolescent girls in a situation of social vulnerability, through the development of skills with training in sewing techniques and personal growth skills.

We also continue to support the project of the Tanganyika Youth FC team to contribute to the personal development and future prospects of children and young people through football, and we continue to work on obtaining grants to improve the habitability of the new dormitory module for children with disabilities and children with albinism at the KPCS Centre in Kabanga.

We are also receiving and attending to the visits of members, donors and sympathisers who come to see our activities on the ground.

However, and as essential to carry out our actions, we need to continue with our work of monitoring the activities of current projects, identify possible new priorities or needs, maintain synergies and collaborations with other entities, disseminate and give visibility in social networks, fundraising, welcome volunteers and all those interested in learning about our projects in Kigoma, and retain members as a means of economic stability and diversification of funding for an NGO.

Because our commitment continues...

Thanks so much!
KARIBIA

1. JANE GOODALL IN KIGOMA

"THE WOMAN WHO REDEFINED WHAT MAKES US HUMAN"

"CHIMPANZEES HAVE GIVEN ME SO MUCH...THE LONG HOURS SPENT WITH THEM IN THE WILD HAVE ENRICHED MY LIFE BEYOND IMAGINATION.... WHAT I HAVE LEARNED FROM THEM HAS SHAPED MY UNDERSTANDING OF HUMAN BEHAVIOUR AND OF OUR PLACE IN NATURE."

To speak of Kigoma is to speak of Dr Jane Goodall.

In July 1960, at the age of 26, Jane Goodall travelled from England to Kigoma in Tanzania, and alone ventured into the little-known world of wild chimpanzees. She immersed herself in their habitat and their lives to experience their complex society as one more, rather than as a distant observer, coming to understand them not only as a species, but also as individuals with emotions.

"A sense of calm came over me. This is where I belong. This is what I came into this world to do".

Thus, through almost 60 years of innovative fieldwork, she has pioneered behavioural research on social and family interactions in wild chimpanzee populations in Kigoma's Gombe Stream National Park in Tanzania, showing the urgent need to protect chimpanzees from extinction, as well as to advocate for species conservation including the needs of local human communities and the environment.

Today she travels the world, talking about the threats facing chimpanzees and environmental crises, urging each of us to take action on behalf of all living things and the planet we share.

And it is in our Kigoma that we have had the great pleasure, and honour, of being able to greet Jane Goodall and engage her in an endearing conversation. And it is to us that her presence invaded us with the calm that she felt when she was among our chimpanzee brothers and sisters. She transmitted to us with great serenity and gentleness those emotions that she has been able to capture and redefine what makes us human.

He told us to use the gift of our lives to make the world a better place. And that this is a commitment that young people must make, because the future is in their hands.

"Until we have peace and harmony with the environment, we will never live in a peaceful world".

Welcome home dear Jane!



2. LN'P NURSERY SCHOOL,



THANKS

"IF WE CHANGE THE BEGINNING OF THE STORY,
WE CHANGE THE WHOLE STORY."

"WE TOOK THE DECISION TO START BUILDING THE SCHOOL WHEN WE LANDED IN KIGOMA. IT WAS A IMPROVISED DECISION AND ONE THAT WAS QUICKLY CLEAR TO US: WHY WAIT UNTIL WE HAD THE TOTAL AMOUNT WE NEEDED FOR THE CONSTRUCTION OF THE ENTIRE PLANNED EDUCATIONAL COMPLEX, IF WE COULD ALREADY BUILD ONE SINGLE CLASSROOM WITH THE CONTRIBUTIONS WE HAD RECEIVED SO FAR? AFTER ALL, THAT WAS WHAT WE WERE HERE FOR. WE TALKED TO OUR PARTNER LN'P, WORKED OUT THE NUMBERS, AND ON 7 JUNE WE STARTED THE CONSTRUCTION WORK, WHICH LASTED 17 DAYS.

This is how we described the start of this project in the number 2 of the HABARI Magazine in September 2021. The will to build this school is what had brought us this far. The first classroom that we started on that not so distant 7th June 2021 was followed by the second one and the teachers' office. And already in this 2022 came the third in a first phase, and with great satisfaction we announced in June 2022 the re-start of the works to finish and fully equip the educational complex where to teach classes, provide all the necessary educational and play equipment, and where to serve a daily lunch that covers the basic nutritional needs completely free of charge annually to 96 children from 3 to 6 years old from families without resources from the humble neighbourhood of Kichangachui in Kigoma (Tanzania).



All this has been possible thanks to spontaneous and private donations from anonymous people and friends and family in the first instance. Also from organisations that have been supporting us with fundraising events such as **LeAquila Team** from Italy. From the Volunteers who have passed through here and who have been involved in finding resources for us to continue moving forward. And of course the **NETRI Foundation**, which has given the definitive backing by providing the €17.064 that separated us from making this project a completed reality.



KEY DATA:

With the period from birth to age eight being a unique time in children's brain development and representing a crucial stage of educational opportunity, several factors determine why some children receive the nutrition, protection and stimulation they need while others are left behind. And poverty is a common factor in the equation. Often, these most disadvantaged children are the least likely to have access to the essentials for healthy development.

- Nutritional deficiencies in early childhood cause stunting, which affects nearly a quarter of all children under five.
- Risks associated with poverty - such as undernutrition and poor sanitation - can cause developmental delays and impede progress in school.
- For children in low- and middle-income countries, poor early development can reduce their adult income by around a quarter.
- Poor early childhood development can result in economic losses for a country.



102

beneficiaries per year



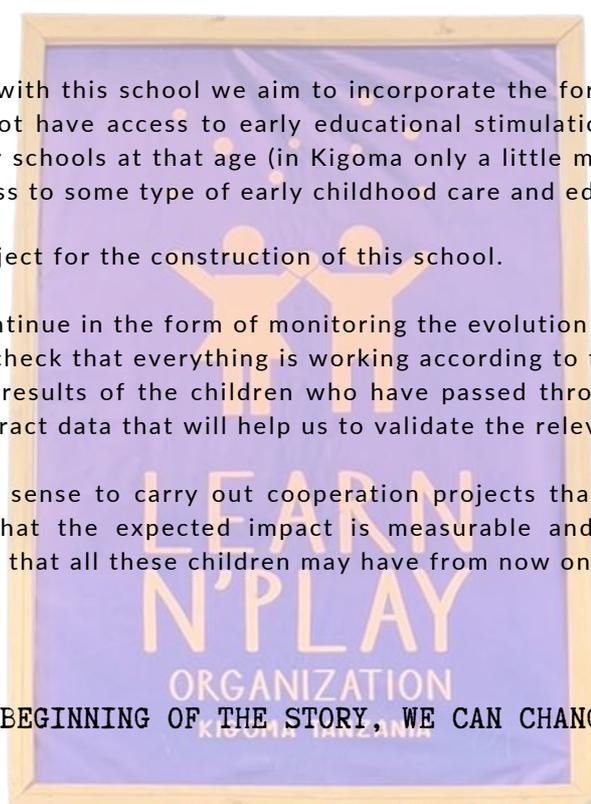
It is for all these reasons that with this school we aim to incorporate the formative process of early childhood to all these children who do not have access to early educational stimulation, as their families cannot afford the expenses required by other schools at that age (in Kigoma only a little more than 20% of children between 3 and 6 years of age have access to some type of early childhood care and education).

We therefore conclude the project for the construction of this school.

From now on, our work will continue in the form of monitoring the evolution and impact of the project. We will make regular visits to check that everything is working according to the planned objectives. We will monitor the academic results of the children who have passed through the school and are already in primary school, and we will extract data that will help us to validate the relevance of projects of this type.

Only in this way does it make sense to carry out cooperation projects that not only seek sustainability and autonomy, but also confirm that the expected impact is measurable and goes beyond the project itself, extending to the future actions that all these children may have from now on.

BECAUSE BY CHANGING THE BEGINNING OF THE STORY, WE CAN CHANGE THE WHOLE STORY...



3. TYFCA: THE PROGRESS OF FOOTBALL KIDS

The other project that has had all our attention during these 9 months of 2022 has been the Tanganyika Youth FC Academy (TYFCA) football team in the Kamala neighbourhood (previously called Timuyetu United Youth Football Academy), a local project that Samir and Sadali, two footballer brothers, launched in 2020, to provide their community with a grassroots football school and a stable team, in order to address the lack of access to quality sporting activities, promote the benefits of sport, and identify and promote talent among children in the Kamala neighbourhood with the idea of combining social development and football. Kamala, one of the many disadvantaged neighbourhoods of Kigoma, children and young people have few prospects for the future due to the context in which they live. The dream of becoming a footballer and being able to break out of the spiral of poverty in which they live is a constant in the lives of many of these children.

Currently, TYFCA, thanks to our constant support in services and resources, has included to the more than 20 juniors between 14 and 18 years old who were already training in a community field provided by the municipality, a new group of 12 children of 10 year olds. The team is now federated and all the boys have registered their cards, so they have been able to start participating in local leagues and competitions. And recently a group of girls from the community have joined to form a women's team.

But this project still has a long way to go, and we need your continued support to ensure the expected impact, as it lacks the resources to provide the boys, and now also the girls, with adequate and quality training and education. There is a lack of training equipment, the pitch requires equipment and fittings, support and logistical material, and we still do not have enough equipment for both training and matches for all, boys and girls.

We are aware that football, with its unique power and universality, can unite people, transform lives and inspire entire communities, as well as create powerful opportunities to break down barriers to social development, education and health awareness; at KARIBIA, with this grassroots football project, we want to harness the enormous potential of football to strengthen physical, psychosocial and social development, helping these children and young people in the poor neighbourhood of Kamala to improve their lives and prospects, as well as those of the people around them, their families and their community.

Jerry and Haridi, 2 youngsters from TYFCA, are being closely watched by other bigger clubs.



PROJECT ACTIVITIES		€
1	Training material	536 €
2	Textil equipment	3,151 €
3	Merchandising	476 €
4	Conditioning of the pitch and irrigation system	3,436 €
5	Transport for material	267 €
6	Others	89 €
TOTAL:		7,955 €

PROJECT BUDGET

A little more than a year and a half separate these two images. The evolution is more than evident.



45
beneficiaries



4. EMPOWERING WOMEN IN AFRICA

WITH DUHAMABI



Regardless of where we live, gender equality is a fundamental human right. Promoting gender equality is essential in all areas of a healthy and wholesome society.

Millions of African women, through their tireless work, contribute to the development of their countries. Women in Africa are the economic engine of their families and of the society in which they live; they are responsible for the family's livelihood, carry out the many and very hard domestic tasks, take care of their children's education and also contribute financially to the family unit with low-paid jobs.

Because women in Africa are the real driving force of the change that the African continent is undergoing, more and more women are claiming their place in patriarchal societies that marginalise them and are striving to make their voices heard as loud and clear as those of men.

To reverse the situation of inequality and exclusion faced by women in Africa, and more specifically, adolescent girls and young women at risk of vulnerability in Kigoma, KARIBIA begins a new collaboration with the local ngo DUHAMABI (DUMISHA HAKI YA MAMA NA BINTI) with the implementation of a capacity building project, with training in sewing techniques, dressmaking and income-generating activities to promote economic independence, personal autonomy and empowerment of all of them.

The annual beneficiaries are 40 adolescent girls and young women from disadvantaged and poor neighbourhoods; some are illiterate, some are teenage mothers who have been expelled from the formal education system, or married girls for whom marriage means a quick exit from school and entry into motherhood. They are less able to fend for themselves, have less access to health services and greater vulnerability to violence, and their communities are deprived of the fruits of their potential.

OBJECTIVES

The joint programme hopes to break the cycle of exclusion and vulnerability by adopting a life-cycle perspective. It aims to work in the right areas, i.e. education, health, youth, skills development, technology and women's economic empowerment.

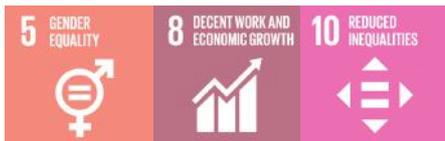
More specifically, its objectives are as follows:

- Ensure that adolescent girls and young women benefit from a full cycle of quality education.
- Empower adolescent girls and young women by equipping them with useful knowledge and skills.
- Accompany adolescent girls and young women in the transition to adulthood and the labour market and enable them to participate fully in society.

As we did with the construction of the LN'P school, we started with few resources, supporting the lease of new premises and the provision of equipment and materials; but we started, which is the important thing!

And we hope to be able to count on the support and collaboration of everyone to be able to invest in this project all the necessary support to ensure the biggest and best possible impact for all these girls.

WE COUNT ON YOU!



40

beneficiaries each year



+PROJECT DATA



LEASE OF NEW PREMISES FOR TRAINING AND PROVISION OF ESSENTIAL RESOURCES

In order to start this project, it was a priority to find a suitable place to hold the programme in accordance with the needs and comfort of the beneficiaries. We remind you that until now the training sessions were held in a corridor of a room, with hardly any light and without optimal hygiene and safety measures.

The premises we have rented meet all the requirements we were looking for: It is close to the 3 neighbourhoods of Katubuka, Businde and Buhanda in the city of Kigoma, where the girls come from, so it is easily accessible on foot for all of them. It is on the main road from Kigoma to Ujiji, where all public transport passes through.

It is an independent, fully fenced building with water, electricity and security guard, and requires very little updating.

It has an open space for training, a small kitchenette for the girls to take their lunch, an indoor toilet and 2 outdoor latrines, and 4 rooms that will serve to locate the main office, the warehouse for the material, the pattern making and cutting area, and a small classroom for the workshops.

For now, KARIBIA with a first contribution of its own funds and with specific donations we have committed ourselves for the first 12 months to pay for the rent of the premises, the payment of the monthly supplies, water and electricity, a per diem for the trainer and for the project coordinator, and to contribute a little more resources to what they had: 4 sewing machines, chairs, an iron, a long table for cutting and patterns, notebooks and the manual for the trainings. We will also support with some fabrics, material and sewing tools.

But at the moment we are nowhere near what is really needed to cover the training for the 40 beneficiaries per year that the project will have.

So begins a new journey in search of funds to carry out in an effective and efficient way, this new training project which, like everything we intend to carry out, aims to improve the living conditions of the most vulnerable communities and groups in Kigoma.



COMPLETE BUDGET FOR THE 3 YEARS OF THE PROJECT

PROJECT ACTIVITIES	1ST YEAR	2ND YEAR	3RD YEAR
1. EQUIPMENT			
Training manual			
Technical material Sewing training course	11,676 €	3,971 €	3,971 €
Raw material and tools for training course			
Raw material for practical training course			
2. SERVICES AND BENEFITS			
To conduct workshop\$ on business management, financial management and accountancy, awareness raising and advocacy for the rights of adolescent girls and young monthers through child law and english course.	471 €	471 €	471 €
3. OPERATIONS AND SUPPLIES	2,356 €	2,356 €	2,356 €
4. HUMAN RESOURCES OF THE PROJECT	9,227 €	9,227 €	9,227 €
TOTAL:	23,730 €	16,025 €	16,025 €

Excluding 8% indirect costs

5. KABANGA, THE LONG WAIT



It was in Kabanga, in October 2018, that we met for the first time, Nuria and David. It was at this centre that our paths crossed. Surely we could say that it was there that we began to gestate, without us being aware of it yet, what would eventually become KARIBIA.

2022, back in Kabanga. The scenario remains unchanged, except for the new director, Kazimili, a young man with a desire to do many things to improve the living conditions and habitability of the residents of this Centre that welcomes children with disabilities and children with albinism. We are once again focusing on this much-needed project to rehabilitate and equip the new dormitory module for 80 children.

KPCS (Kabanga Protectorate Center and School) is a public residential school currently housing 138 children and young people with disabilities and 23 with albinism, located in the village of Kabanga in the Kasulu Town Council district in the Kigoma region.

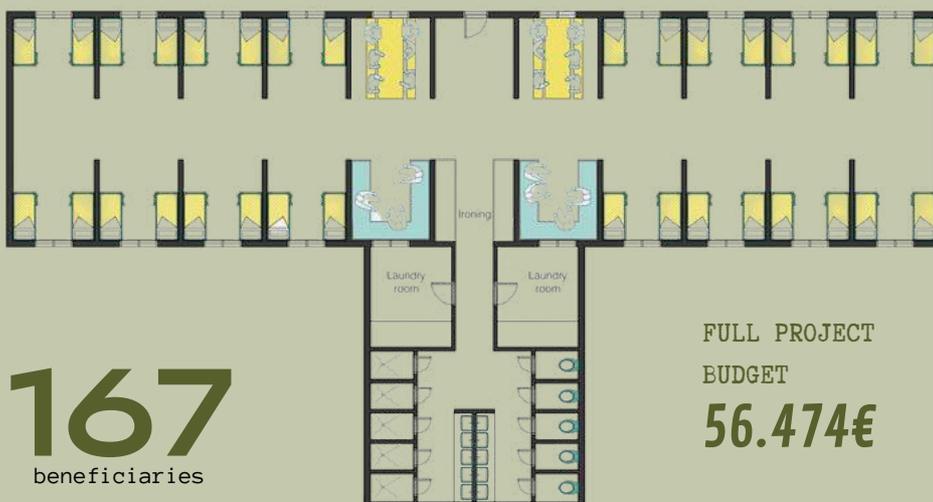
Due to the scarcity of its own resources, and despite occasional contributions from other organisations, the centre has major deficiencies in infrastructure and services.

One of the priorities of the KPCS Centre is the improvement of its habitability, which leads to the elaboration of our project proposal "Improving the habitability of the new dormitory module of the KPCS Centre of Kabanga in Kasulu (Kigoma, Tanzania)", whose objective is to contribute to the improvement of the quality of life of the children and young people of the centre through the completion of the works and equipment of the new dormitory building for 80 children that the Centre started but did not finish, and thus also to improve the access to water and sanitation for all of them with the new toilets integrated in the same module.

The basic habitability approach allows the project to integrate the right to decent housing, the right to water and sanitation, and the availability of services and infrastructure with electricity, as a human right that everyone should be able to enjoy.



PLAN OF THE NEW SLEEPING MODULE FOR 80 CHILDREN WITH ITS EQUIPMENT AND INTEGRATED WATER AND TOILET AREA



CURRENT DORMITORIES AND TOILETS



Habitability:-
The conditions that ensure the physical safety of its inhabitants and provide them with sufficient living space and protection from cold, damp, heat, rain, wind or other health hazards and structural dangers.



NEW MODULE TO BE FINISHED AND EQUIPPED



What is considered decent housing?:-
When it meets minimum requirements of comfort, climatic insulation, structural safety, constructive quality, among others, providing certain indispensable services for health, safety, comfort and nutrition.



RESIDENTS



What happens if people do not have decent housing?:-
The absence of decent housing is closely linked to poor health.



6. 2022: SUMMARY OF ACTIVITIES

JANUARY TO AUGUST

LN'P NURSERY SCHOOL

- Provision of daily lunch for 64 children and 5 adults
- Execution and completion of works for the third classroom
- Furnishing of the teachers' office
- Drawing activity for the solidarity event in Italy
- Implementation of the small vegetable garden
- Donation of school material
- Installation of 10 closed windows at the back of the building
- Purchase of 32 jumpers for the uniforms
- Start of the works for the completion and complete equipment of the school (kitchen, toilets, dining room, storage)
- Participation of 9 volunteers

FUNDACION NETRI

- February: presentation of the LN'P project
- June: start of collaboration with **NETRI Foundation** to finish and equip the LN'P school

TYFCA

- Provision of lunch on match days and snacks
- Transport to matches
- Donation of football shirts for the youngsters
- Purchase of 10 sports shorts for the youth squad
- Repair of football boots
- Payment of the registration fee to the Sports Dept. for 20 boys' cards
- Purchase of 11 pairs of football boots for the youngsters
- Delivery of 4 footballs, stopwatch and whistle.
- Payment for Kigoma 2 years league registration and participation in local league June/July
- Provision of a small first aid kit
- Delivery of a new kit of 11 jerseys
- Delivery of camera, bibs for friendly matches and 3 pairs of gloves for goalkeepers
- Delivery of 17 pairs of new boots for the junior players
- First girls match with the participation of the volunteers Rebeca and Berta
- Donation of equipment for the girls' team training sessions
- Donation of technical material for training sessions

DUHAMABI (LOCAL ONG)

Project: Contribute to improving the economic independence and personal autonomy of adolescent girls and young women at risk of social exclusion in the 3 Wards of Kigoma.

- May and June, Courtesy visit and project review meeting.
- Quarterly payment of the rent of the old premises
- Start of the project with the lease of the new premises for the trainings and the minimum equipment to carry out the training courses

KABANGA (KPCS CENTER)

- Visit in June to meet with the new director of the center and to review the project

CALLS SUBMITTED

- Jointly with **ONGD Persona Solidaridad**, presentation of the KABANGA project to the calls for grants from Burgos City Council (20/6/22), and the Junta de Castilla y León (11/7/22).
- 5/7/22 virtual attendance at the presentation of the call for development projects and micro-actions abroad of the Junta de Castilla y León

DONATIONS

- **JOVI Company**: donation of educational material for LN'P school
- **DELA communications** donated this year's new promotional T-shirts
- Volunteers, supporters, friends and visitors: school material, medicines, sports material, textile material, various equipment, etc.

TALKS, PRESENTATIONS, EVENTS AND CROWDFUNDING

- Crowdfunding campaign for the 3rd classroom with **MigranodeArena** which ended on 28th January
- Solidarity Flea Market
- La **Guineueta Secondary School** in Barcelona: talks on Women Entrepreneurs, Trajectory of life as a development worker, FP Challenge_Visibility and NGO Dissemination
- Kick-off party for the **Team Le Aquile** Moto Guzzi Championship in Italy, where funds were raised and drawings made by the children of the LN'P school were auctioned
- 5th Conference of the **Platform of Support to Refugees (PAR)** in Almansa (Albacete) where the funds raised were donated to **KARIBIA** as a guest NGO in the Human Library section



7. PARTNERS AND DONORS ON THE GROUND

MEETING THE PROJECTS

AND SUPPORTING TOURISM IN THE AREA



For KARIBIA, partners are a very important part of the sustainability of our work on the field and the continuity and improvement of our projects. Thanks to the monthly contributions, we are able to organise and plan current and future actions, to contribute to project activities and to deal with unforeseen events and incidents. For this reason, apart from the volunteers, we are very pleased to receive visits from members, donors and supporters, such as Sandra, Rafa, Tomás, Jonathan, Sonia, Mario, Josep Lluís, M^a del Mar, Marc, Oriol, Mercè, Carles, Carla, Carlos, Angélica, Fernando,, who have come to see first hand the work we carry out in Kigoma, the LN'P school in Kichangachui and the football project in the Kamala neighbourhood. It is the most transparent way we have to show the management of the resources obtained, welcoming in Kigoma all those who, like them, are trusting us from the beginning.

During their stay we shared our time with them, so that they could get to know our work from the field. What our day-to-day work is like, how we attend to our beneficiaries, how we manage the resources we receive and how, on a daily basis, we face a host of unforeseen events that are inevitable when we operate in such precarious environments.

Being able to count on fixed monthly contributions offers us great economic stability as an NGO and without them we would not be able to attend to many of the small and large needs that we daily face and which go beyond the projects that we carry out.

That is why in this number 4 of HABARI magazine we are appealing to all those who would like to become members of KARIBIA with the monthly contribution of your choice and thus strengthen our actions in the territory.

To do so, all you have to do is fill in and scan the following form and send it to us by e-mail to: karibia.org@gmail.org, and we will direct debit the bill every month.

We also took advantage of their visit to accompany them on a "journey" that would take them on a cultural immersion in the territory. To get to know the customs and traditions, the local gastronomy, the artisans, the different communities in the city, etc., and in this way be able to show the reality of a territory (the African one) to which we usually arrive with a backpack full of stereotypes and preconceived ideas that often have little, or nothing, to do with reality.

The partners who visited us did not want to miss the occasion either and took the opportunity to go to some of the wonderful natural areas that the region of Kigoma and surroundings offers, such as the National Parks of GOMBE and KATAVI or to sail on the immense LAKE TANGANYIKA and enjoy its sunsets with the mountains of the Congo as a backdrop.



BECOME A MEMBER (MONTHLY CONTRIBUTION)



CIF G02932499 N°Reg 68420

BASIC INFORMATION

NAME :
SURNAME :
ADDRESS :
ZIP CODE :
TOWN/DISTRICT :
COUNTRY :
PHONE :
TIN/ VAT :
EMAIL :

ACCOUNT HOLDER :
HOLDER'S CIF :
BANK :
BANK ACCOUNT/IBAN :
SWIFT/BIC CODE :

I would like to make a monthly contribution to
Asociación KARIBIA for the amount indicated:

MONTHLY AMOUNT €

I understand KARIBIA's Privacy Policy. (<https://www.karibia.org/politica-privacidad>)

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¿HOW TO DONATE?



From your banking app where you have Bizum active, select the option to send money, choose our NGO by manually entering the identifier, and choose the amount you want to donate.



Through PayPal you can make a one-time donation or convert it to a monthly donation.



By making a bank transfer one-time or monthly, directly to the bank account of Asociación KARIBIA:

IBAN: ES80 0081 0062 8900 0206 1413
BIC: BSABESBB

With you,

Moving forward!

WWW.KARIBIA.ORG



Asociación Karibia is registered under number 68420 of section 1a of the Barcelona demarcation of the Register of Associations of the Generalitat de Catalunya (Spain); and registered in Tanzania as an international NGO with the number I-NGO/R/2099.

CIF G02932499 BARCELONA (SPAIN)

*If you would like more information on any of the topics covered in this newsletter, please send us an e-mail:

karibia.org@gmail.com

THEY COLLABORATE WITH US:

